



DUKE OF EDINBURGH'S AWARD

SILVER AWARD

SEVEN DAY EXPEDITION

PACKAGE FROM £244*

(plus vat)



1 Day to be completed at our venue in the West Pennine Moors or your site subject to numbers. The day will include looking at the equipment required, erecting tents, using a camping stove, discussing suitable food along with health and safety issues relating to cooking food on a camping stove. What is considered suitable clothing and why. First aid and emergency procedures.

3 days practice expedition undertaken in the West Pennine Moors area of Lancashire. Navigation, including compass work, plays a large part in the training. Route cards, Countryside Code, and the importance of working together are also stressed, tutored by our qualified staff.

3 days qualified expedition in the Forest of Bowland supervised and assessed by our qualified staff.

Each section on dates to your availability

PRICES ARE PER PERSON AND INCLUDE:-

- Qualified and experienced OAS staff.
- Use of tent, stove, fuel, rucksack, rollmat, waterproofs.
- 2 maps & 2 compasses, basic first aid kit and bivi bag per group.

FOOD AND TRANSPORT ARE NOT PROVIDED.

- Camp site fees are additional.
- Minimum of 5 people per group.
- Walking - Cost per person £244* plus VAT.
- Mountain Biking - Cost per person £280* plus VAT.

If you ONLY require qualified (WGL, ML, WML, MIA) and experienced tutor. Please call with your requirements.

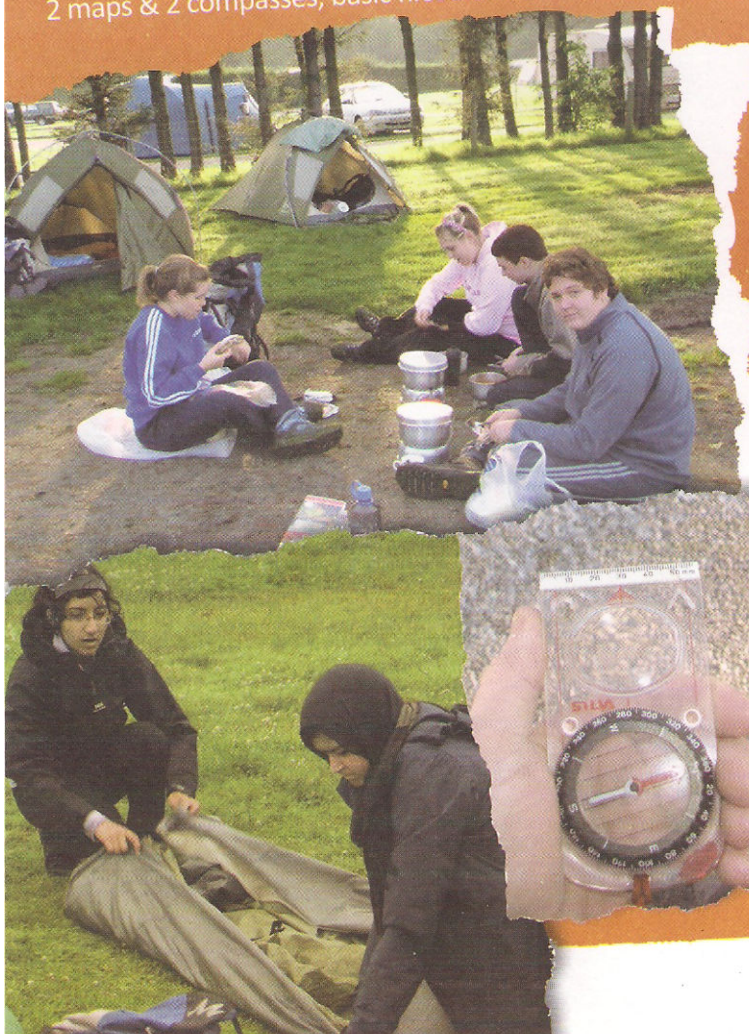
***WEST PENNINE MOORS and FOREST OF BOWLAND** areas only. Additional training should be considered for Mountain Biking.... Other areas are available for an alternative course fee.

Contact

OUTDOOR ACTIVITIES SERVICE AND ALTERNATIVE ADVENTURE

New Meadows Gap Cottage, Cranberry Lane, Cranberry Fold, Darwen, Lancashire, BB3 2HZ

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Tel: 01254 704898 Fax: 01254 774420



*price as of 01/12/2014